Internet Explorer:
1. Pull down View menu, select Internet Options
2. On General page, under Temporary Internet Files, click on “Delete Files”
3. Under History click on “Clear History”

AOL:
1. Pull down Members menu, select Preferences
2. Click on WWW icon
3. Select Advanced
4. Click “Purge Cache”

Netscape:
1. Pull down Edit menu
2. In the menu that drops down, click on “Preferences”
3. Click on Navigator and choose “Clear History”
4. Click on Advanced then select Cache
5. Click on “Clear Disk Cache”

Older versions of Netscape:
1. Pull down Options menu
2. Select Network Options, Select Cache
3. Click on “Clear Disk Cache”

Please Note
Clearing web browser histories in this way will delete ALL histories of visited websites. If you are concerned that someone may be checking up on your Internet usage, the absence of all files and history may appear suspicious.

Additionally, there are other software programs available that can track website visits.

If you believe that someone may be monitoring your Internet activity, try using a friend’s computer, or one at the public library.